

The Rockland County Chapter  
Of the New York State Society for Clinical Social Work  
*Invites you to an Educational Presentation:*

*Attachment, Secure and Insecure:  
The Promise and Perils of Adult Relationships*

By Hilary Ryglewicz, LCSW

**SUNDAY, May 19, 2013**

10am: Board Meeting  
11am: Case Discussion Group  
12:00-1:30pm: Lunch (included) and Presentation

Attachment theory offers a valuable lens for looking at our adult relationships, our styles of relating, and the forms of protest we use when our sense of secure attachment is threatened. The emotional tasks of making and maintaining our adult attachment relationships are challenging and profound. Our need for the secure base continues to be pressing throughout our lives. Yet the risks we run – in choosing our significant others, in exposing ourselves to intimacy, in trying to offer and obtain love – are substantial. How we choose – and how we manage loss, rupture and disappointment in our adult attachments are major themes of therapy and major challenges of adult life.

This presentation will address some of the concepts and issues of adult attachment relationships through clinical and fictional case material. EFT (Emotional Focused Therapy), among other approaches, will be referenced as an example of the use of attachment theory in couple therapy.

Hilary Ryglewicz, LCSW is a psychotherapist with over 30 years experience, whose background includes both psychodynamic and cognitive approaches. She is a supervisor and faculty in the Couples Program of the Training Institute for Mental Health in New York City, and she has presented many workshops on couple therapy and related subjects. She maintains a private practice with individuals and couples in Manhattan and in Nyack, NY.

This program is Free for Students & Members;  
Non-Members - \$15; Seniors - \$5.  
1.5 CEU's will be available for purchase of an additional \$5.

Driving Directions: I-90 South to Exit 6E. Right onto Orangeburg Rd. At 3<sup>rd</sup> traffic light, right onto Rt. 303. At 1<sup>st</sup> traffic light, left onto Rt. 340. At 1<sup>st</sup> traffic light, turn right into McNelis Commons. Note the campus map on your right and locate the “dining hall.”

St. Thomas Aquinas College, 125 Rte. 340, Sparkill, NY

For additional information, please call Education Chair, Aimee Restifo, at (201)-741-8876  
or Beverley Goff at (845)-735-7349.