

**YOU MUST RSVP AS SPACE IS LIMITED!**

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## **“Let’s Get To Know Each Other Better” BRUNCH**

The Education Committee of the Metropolitan Chapter of the NYSSCSW presents:

### ***EVERYTHING YOU WANTED TO KNOW ABOUT NEUROFEEDBACK***

### ***WERE AFRAID TO ASK***

**Sunday, Nov. 11, 2018**

**11:00am – 2:00pm (11:00-11:30 Networking)**

**PPSC – 80 Fifth Avenue, NYC (14<sup>th</sup> St) Room 1408C**

**Presenter: Judith S. Zorfis, LCSW**

**Description:** The exciting process of NEUROFEEDBACK helps us to change our brains and enables us to be more regulated and flexible. Questions about NEUROFEEDBACK are becoming more common on our listserv as clinicians become more excited about mind-body work and advances in neuroscience.

Bessel Van Der Kolk’s book, “The Body Keeps Score” includes a chapter about NEUROFEEDBACK. He introduces us to Sebern Fisher, who is a mentor to the presenter. Sebern’s book, “Neurofeedback in the Treatment of Developmental Trauma” has inspired therapists and patients to seek out training.

This presentation will include a brief history of NEUROFEEDBACK; an overview about how it is used and what kinds of conditions it helps; a description of what a session looks like and possibly a demonstration. Clinical examples will also be used re how NEUROFEEDBACK training works in the context of psychoanalytically informed therapy or as an independent modality.

This presentation will be lively and interactive.

**It is respectful to the organizers of this event to RSVP early.**

**Registration will be on a first come, first served basis. Space is limited.**

**E-mail Susan Appelman @ ShrinkSGA8@aol.com**

**Refreshments Will Be Served**

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